



uOttawa

L'Université canadienne
Canada's university

**UNIVERSITY OF OTTAWA
INTERNATIONAL OFFICE**

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**NATIONAL AND
INTERNATIONAL
EXCHANGE
PROGRAM**

RETURNING STUDENT EVALUATION QUESTIONNAIRE

This questionnaire is related to the international academic exchange in which you have recently participated.

You can help us ensure that the National and International Exchange Program is meeting its goals and objectives by answering this questionnaire. The information that you provide will help us in the development of international mobility initiatives, and contribute to the success and enjoyment of future participants. As a student who has participated in the exchange program, your input is very important to us.

LAST NAME		GIVEN NAMES	
HOST INSTITUTION	COUNTRY	E-MAIL (OPTIONAL) @uOttawa.ca	
STUDY PROGRAM	SESSION(S):	<input type="checkbox"/> FALL	<input type="checkbox"/> WINTER
		<input type="checkbox"/> 2 SESSIONS	<input type="checkbox"/> OTHER:
			YEAR 20

1. Arrival at host city

Evaluate the welcome service at your host institution (at the airport, at the train or the bus station, any difficulties encountered...)

0 Non existant 1 Poor 2 Mediocre 3 Good 4 Very good

Comment:

2. Housing

Evaluate the quality and ease of finding accommodation at the host institution.

0 Non existant 1 Poor 2 Mediocre 3 Good 4 Very good

Comment:

3. Studies at the host institution

Evaluate the organization and the quality of the host institution in terms of the school work (e.g. oral presentations vs. written papers), the workload, relations between students and professors, the pedagogical methods, the atmosphere in the class and so on.

0 Very poor 1 Poor 2 Mediocre 3 Good 4 Very good

Please explain:

4. Services offered on campus

Evaluate the quality, the quantity and the pertinence of the services for students (including exchange students) offered on campus. (e.g. computer access, internet, email, library, student centre, health care services, writing centre, foot patrol service and so on)

0 Non existant 1 Poor 2 Mediocre 3 Good 4 Very good

Comment:

5. Activities

Evaluate the quality, quantity and pertinence of extra-curricular activities (e.g. Sports club, dance, music, etc.)?

0 Non existant 1 Poor 2 Mediocre 3 Good 4 Very good

Comment:

6. Integration in a new culture

Was it difficult to integrate? Yes No

If so, please explain.

Did you suffer from "culture shock"? Yes No

If so, how did you overcome it?

Name five differences between life in Ottawa or in Canada and life in your host city or country.

1.

2.

3.

4.

5.

7. Other Information

Is there any other information you would like to share with future outgoing students?
Provide details.

8. In general...

Did you appreciate your experience?

- 1 Not appreciated 2 Some what appreciated 3 Appreciated

Explain:

Would you recommend this institution to other students?

- 1 Not recommended 2 Recommended 3 Strongly recommended

Explain:

COST OF LIVING - EXPENSES

With this grid, the future outgoing students will be able to estimate the cost of living of your host country. The exchange rate of the host country at the moment of the exchange was:

1 \$ CAN = _____

Time spent abroad (months): _____

BASIC EXPENSES (In \$ CAN)	
	TOTAL (multiply the monthly cost by the number of months spent abroad, if applicable)
1. Tuition and general fees	_____ \$ X ___ month(s) = _____ \$
2. School supplies	
a) Paper and note books	_____ \$ X ___ month(s) = _____ \$
b) Text books	_____ \$ X ___ month(s) = _____ \$
c) Compulsory academic field trip	_____ \$ X ___ month(s) = _____ \$
d) Others	_____ \$ X ___ month(s) = _____ \$
3. Housing	
3a. Off-campus accommodation	_____ \$ X ___ month(s) = _____ \$
a) Costs of renting	_____ \$ X ___ month(s) = _____ \$
b) Utilities and others	_____ \$ X ___ month(s) = _____ \$
3b. On campus residence	_____ \$ X ___ month(s) = _____ \$
a) Accommodation fees	_____ \$ X ___ month(s) = _____ \$
b) Utilities (if pertinent)	_____ \$ X ___ month(s) = _____ \$
c) Entrance fees (association fees and other compulsory expenses)	_____ \$ X ___ month(s) = _____ \$
4. Accommodation expenses	
a) Electricity/water	_____ \$ X ___ month(s) = _____ \$
b) Telephone/mobile	_____ \$ X ___ month(s) = _____ \$
c) Cable	_____ \$ X ___ month(s) = _____ \$
d) Insurance	_____ \$ X ___ month(s) = _____ \$
e) Electronics	_____ \$ X ___ month(s) = _____ \$
f) House supplies	_____ \$ X ___ month(s) = _____ \$
5. Transportation	
a) Public transport (transit passes...)	_____ \$ X ___ month(s) = _____ \$
b) Car	_____ \$ X ___ month(s) = _____ \$
c) Gas	_____ \$ X ___ month(s) = _____ \$
d) Parking	_____ \$ X ___ month(s) = _____ \$
6. Food	
a) Compulsory meal plan	_____ \$ X ___ month(s) = _____ \$
b) Meals on campus	_____ \$ X ___ month(s) = _____ \$
c) Meals off campus, groceries	_____ \$ X ___ month(s) = _____ \$
7. Personal expenses	
a) Cosmetics	_____ \$ X ___ month(s) = _____ \$
b) Haircuts	_____ \$ X ___ month(s) = _____ \$
c) Laundromat	_____ \$ X ___ month(s) = _____ \$
d) Clothing	_____ \$ X ___ month(s) = _____ \$
e) Other	_____ \$ X ___ month(s) = _____ \$

BASIC EXPENSES (In \$ CAN) cont'd	
	TOTAL (multiply the monthly cost by the number of months spent abroad, if applicable)
8. Leisure	
a) Sports _____	_____ \$ X ___ month(s) = _____ \$
b) Entertainment _____	_____ \$ X ___ month(s) = _____ \$
9. Medical and Health Care	
Health insurance _____	_____ \$ X ___ month(s) = _____ \$
10. Travelling	
a) Transportation _____	_____ \$ X ___ month(s) = _____ \$
b) Accommodation _____	_____ \$ X ___ month(s) = _____ \$
c) Food _____	_____ \$ X ___ month(s) = _____ \$
d) Activities _____	_____ \$ X ___ month(s) = _____ \$
11. Plane ticket (round-trip) _____	_____ \$ X ___ month(s) = _____ \$
12. Other expenses (be precise) _____	_____ \$ X ___ month(s) = _____ \$
Total of expenses:	▶ _____ \$

Please indicate the nature of your financial support for your international student mobility initiative at the host institution from the following sources. *All items must add up to 100%.*

NATURE OF INCOME	
Family support _____	_____ %
Personal savings _____	_____ %
Part time jobs in your host country _____	_____ %
Bursaries _____	_____ %
Financial aid _____	_____ %
Other _____	_____ %
Total income	▶ 100 %

Evaluate your budget/cost of living compared with the cost of living in Ottawa/Canada.

- 1 A lot less expensive than Canada
 2 Less expensive than Canada
 3 As expensive as Canada
 4 More expensive than Canada
 5 A lot more expensive than Canada

Comment:
